

MEDICATIONS TO RESTRICT BEFORE POTS TESTING

- Midodrine/Northera
- Fludrocortisone
- Beta Blockers such as
 - Propranolol (Hemangeol/Innopran)
 - Metoprolol (Lopressor)
 - Atenolol (Tenormin)
- Stimulants such as
 - Methylphenidate (Ritalin/Artige/Concerta)
 - Dextroamphetamine (Adderall/Dexedrine)
 - Dexamphetamine
 - Lisdexamphetamine (Vyvanse)
 - Modafinil (Provigil)
 - Caffeine (NoDoz)
- SNRIs such as
 - Venlafaxine (Effexor)
 - Duloxetine (Cymbalta)
 - Desvenlafaxine (Pristiq)
- TCAs such as
 - Amitriptyline
 - Nortriptyline (Pamelor)
 - Protriptyline
 - Clomipramine (Anafranil)
 - Desipramine (Norpramin)
 - Imipramine (Tofranil)
 - Trimipramine
 - Doxepin (Silenor)